

Addiction Recovery Services



*The Region's Premier Provider
of Behavioral Health and
Addiction Recovery Services*



Laurelwood
Hospital

How Many People Experience Behavioral Health Issues?

You'd be surprised at how many. Anyone can develop a behavioral health problem. Depending on the illness, the answer may be one in four people, one in five people or one in ten people. The fact is that mental health and alcohol and drug dependency issues affect many individuals and their families.

Don't suffer in silence.

Call **1-800-GET-HOPE**

(800-438-4673)

440-953-3000

Mental health and alcohol and drug dependency affect as many as one in four families in the United States. These issues are more common than you might think.

Depression and anxiety disorders each affect more than 19 million people.

About 5.2 million adults suffer from post-traumatic stress disorder (PTSD).

More than 2 million people suffer from schizophrenia.

Alcohol and chemical dependence affect approximately 20 percent of the population.

Addiction Recovery

Understanding the Problem

Alcohol and drug dependency or addiction can just creep up on people – even you. One drink leads to another and another over time until you can't get through a day without significant amounts of alcohol. The same thing can happen with drugs – whether they're prescriptions or not.

Alcohol and drug dependency hurts you and the people who care about you. Addiction is a disease that is successfully treatable when you recognize that you need help.

What To Expect

Once you make the call to **1-800-GET-HOPE (800-438-4673)**, Laurelwood Hospital offers you the opportunity to take control of your problem and to recover – one step at a time. First, a thorough assessment of your physical, addictive and mental health issues will be completed by Laurelwood behavioral health professionals. The results of this initial assessment will assist Laurelwood in recommending the best treatment plan and specific services required to meet your unique needs.

Your treatment team will collaborate with you to develop your personal treatment goals within the Addiction Recovery Services program model. The treatment program will empower you to take responsibility for recovery, assist you in building or strengthening your self esteem and developing coping skills, introduce you to 12-Steps programming and help you develop strategies to prevent relapse.

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There are many services to aid you in your recovery process. Some of them are briefly described below:

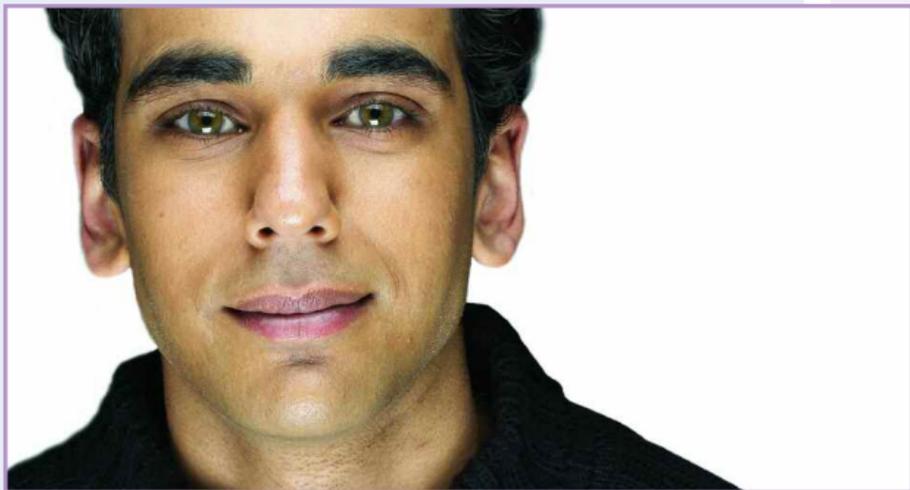
- **Detoxification** – Medically supervised detoxification on an inpatient or outpatient basis may be necessary to manage the complications that you may encounter when you stop using alcohol or drugs. A physician, nurse, and certified chemical dependency counselor

Services

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will monitor your physiological and psychological symptoms and provide management for withdrawal symptoms that you may encounter.

- **Residential Programs** – Residential programs provide a 24-hour, 7-day structured schedule for individuals requiring this intensive level of recovery programming. The programs provide group and individual work with a certified chemical dependency counselor and/or treatment supervision by a physician and nursing staff.
- **Dual Diagnosis** – Often individuals find themselves dealing with addiction issues as well as mental health problems such as depression, anxiety or an eating disorder, bipolar disorder or schizophrenia. Behavioral health professionals have found that treating you for both the psychiatric and addiction illnesses simultaneously results in better recovery success. Laurelwood's inpatient, partial hospital and outpatient program specialties for dual diagnosis provide the intensity of services required.
- **Partial Hospitalization Program (PHP)** – PHP offers comprehensive day treatment for the resolution and stabilization of your recovery from alcohol or drug dependency. You return home each night during program participation.
- **Intensive Outpatient Program (IOP)** – IOP services at all three Laurelwood locations provide you with 3 hours of programming, 3 days a week, designed to prevent the need for inpatient programming for many recovering individuals. The IOP helps you gain insight into the disease of addiction and develop skills to help you succeed in your recovery.
- **Early Recovery Program** – As you begin your life of sobriety and recovery, you may find that you need assistance in relapse prevention and mastering the ability to become part of the recovering community. This program will assist you in the transition from treatment to ongoing community support.



Accessing Help

Accessing our services is a simple matter. You may contact us yourself to schedule an assessment and evaluation to determine your treatment needs, or a family member may call for you. The telephone number is **1-800-GET-HOPE (800-438-4673)**.

If you are already in treatment with a therapist, psychologist or psychiatrist, Laurelwood accepts patient referrals from them as well. Primary care physicians, social service and community agencies, employee assistance programs and employers, clergy, counselors, schools, courts, hospital emergency rooms and other health care professionals may also refer you for treatment.

Insurance and Financial Arrangements

Many insurance providers, managed care plans and public insurance plans cover treatment at Laurelwood Hospital. We provide assistance in facilitating insurance pre-certification and authorization from health benefits providers. We will also set up payment plans for self-pay patients.

Where Can You Find Laurelwood?

With the hospital located in Willoughby and two counseling and outpatient centers located in Mentor and Beachwood, Laurelwood is convenient to many communities in northeast Ohio.



Laurelwood Hospital (Willoughby):

35900 Euclid Avenue, Willoughby, OH 44094

From the West and Cleveland: Take I-90 E to Rte. 2; exit at Rte. 91 [Eastlake]. Turn right on Rte. 91 (SOM Center Rd.) and left on Rte. 20 (Euclid Ave.). Laurelwood Hospital is on right.

From Eastern Cuyahoga Suburbs and the South: Take I-271 N via local lanes to I-90 E; exit at Rte. 91 (Exit 189). Turn right on Rte.91 (SOM Center Rd.) and right on Rte. 20 (Euclid Ave.). Laurelwood Hospital is on right.

Mentor: 7060 Wayside Drive, Mentor, OH 44060 / 440-639-8989

From Rte. 2 East or West: Exit at Rte. 615 (Center St.). Proceed south on Rte. 615 and turn left onto Rte. 20 (Mentor Ave.). Turn right at Wayside Dr. Counseling center is on right.

From I-90 North or South (use local lanes): Exit at Rte. 615 (Exit 195). Proceed north on Rte. 615 (Center St.) and turn right onto Rte. 20 (Mentor Ave.). Turn right at Wayside Dr. Counseling center is on right.

Beachwood: 23240 Chagrin Blvd. Commerce Park 4, Suite 610, Beachwood, OH 44122 / 216-595-0500

From I-271 North or South (use local lanes): Exit at Chagrin Blvd. Proceed west on Chagrin Blvd. and turn left onto South Green Rd. Commerce Park IV is on left.



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www.laurelwoodhospital.com