



It's a new era in home health care with Spectrum Home Health Care's locally owned and managed health care services. Family members expect excellence in the care delivered to their loved ones, and Spectrum is responding to those expectations.

You can be assured that Spectrum Home Health Care will treat your relative with the utmost sensitivity and respect.

We will also deliver the highest quality health care services that you could ask for.

**Services:**

- Quality Integrated Home Health Services for Client and Family Satisfaction
- Onsite Assessments
- Skilled Nursing
- Home Health Aides
- Physical, Occupational and/or Speech Therapy
- Social Work Appointments
- Behavioral Health Support
- 24-Hour Coverage
- Most Insurances Billed

## Contact and Referral Information

Call us at (216) 464-5205 to provide client referral information over the telephone, or ask your family member's physician or social worker to contact us regarding an assessment. We will set up an assessment by a nurse to further discuss your needs, and whether home care seems to be the appropriate solution for a client. The nurse will develop a care plan based on physician orders, client, and family members' needs.

Medicare or other insurance policies often cover services. However, if a condition does not allow for insurance coverage, you may pay for services privately as well.



*Quality Care Is Your Right...  
And Our Responsibility*

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Spectrum Home Health Care does not discriminate in employment, or the provision of services, based on religion, race, color, creed, sex, national origin, age, physical or mental handicap, developmental disability, sexual orientation, HIV infection, AIDS related complex, AIDS, or any other category as prohibited by state or federal law.



*The Health Services You  
Need At Your Front Door*

# Quality Care Is Your Right... And Our Responsibility

Patients are quickly discharged from hospitals and other health care facilities to their homes after surgery, medical emergencies, and acute episodes that require hospitalization. Many physicians agree that the best place for most people to rebuild their strength and heal is their own homes. However, the stress for family members without health care training is often overwhelming when they are thrust into the role of caregivers.

Spectrum Home Health Care provides a significant level of support, health services, and teaches skills to family members to assist them in caring for their loved ones. Our highly trained registered nurses, licensed practical nurses, social workers, home health aides, and therapists, as needed, work in a team to ensure that patients receive the appropriate level of care and assistance that they need to continue their recovery at home. Physical safety of clients in their home environment is also assessed for individuals who are physically challenged. We integrate the efforts of our health care specialists so your family members receive the seamless, integrated care that they deserve.



- **Onsite Assessments** – Prior to hospital discharge, a Spectrum nurse will generally meet with staff, the patient and family, review medical records and follow the physician's orders to address each patient's unique health care needs when returning home. The nurse may also set up medical equipment or other home services, such as meal deliveries, that are necessary for a smooth transition back to the home environment.
- **Nursing** – Spectrum nurses will create customized care plans, and adjust them as needed, to meet every client's changing needs. They visit on a regular basis to check health status and educate clients and families on how to manage each client's recovery process to achieve the best outcome possible.
- **Home Health Aides** – Aides assist with personal care, routine exercises to help clients reach a higher level of physical functioning, meal preparation, and assistance with feeding and light housekeeping.
- **Social Workers** – When needed, they will provide counseling and assist with social or financial issues related to a client's health condition.
- **Speech Therapy** – A speech pathologist will assess a client, when warranted, to treat speech, swallowing, communication and memory deficits. A unique treatment plan is created to build more effective communication skills for each client requiring speech therapy.
- **Physical Therapy** – When physical therapy is indicated for a client, a therapist will visit the home to assess and treat as needed. A personalized home exercise program will be developed to address issues related to gait training, muscle strengthening and retraining, prosthetics, pain management, and general motor functioning, enabling clients to reach their highest level of functioning.
- **Occupational Therapy** – An occupational therapist will assess clients as needed for treatment of small motor functioning. Splinting, exercise and assistive devices are some of the tools used to increase a client's ability to take care of activities of daily living (ADL) such as eating, dressing, grooming, and light cleaning or cooking. The occupational therapist can also teach energy conservation to assist respiratory and cardiac patients to maintain a higher quality of life.
- **Behavioral Health** – When a client with behavioral health concerns has been discharged from an inpatient stay or partial hospital program, follow-up home care may be warranted. Our nurses, social workers and home health aides provide the support and encouragement required to assist with ADL, medication compliance and supervision, as required to meet each client's specific mental health needs. This continued support, after a client is back in a home setting, could produce a positive influence on an individual's outlook on life and return to daily functioning.